

CHARACTER EDUCATION

OLYMPIAN CHARACTER COUNTS

Mount Olympus High School

Dear Parents/Guardians,

Mount Olympus High School is devoted to instilling in its students the core values that we deem necessary; not only graduation and college/career readiness, but for good citizenry to last a lifetime. The Counseling Department at MOHS has developed the <u>Olympian Character Counts</u> initiative to encourage students to contemplate their values and beliefs while positively contributing to their school, their surrounding community, and beyond.

Description of Program Activities

Kindness

Running from mid-October through mid-November, a kindness art mural will be created based on student input on what kind words, actions, and thoughts to commemorate with acrylic paint by the school's art club. All students in English classes will also write personal narratives on kindness, and four students will be selected to read their narratives at the grand unveiling of the kindness mural on November 12th to celebrate World Kindness Day!

Civic Responsibility

Juniors and seniors will work with counselors to identify specific problems in their community that they would like to solve. Students will discuss the importance of civic responsibility, identify how they will actually respond to meet the needs of their community, and verbalize their opinions on why it's important to become responsible citizens. Counselors will collaborate with history teachers to accomplish this.

Respect

Freshman and sophomores will have a classroom lesson with counselors to discuss what respect is, examples/non-examples of it and the impact of it in our school, community and home. Students will create and act out examples and non-examples of respect for their classmates to take a guess. At the end of the lesson, students will see respect as a valued trait.

Leadership

Counselors will work with students in all grade levels to develop their leadership skills. They will learn about their strengths and weakness as student leaders. Students will identify goals for themselves and create a plan to help them achieve these goals by the end of the school year.

Objectives

The Olympian Character Counts initiative aims to:

- 1. Encourage students to consider their own impact on the world around them
- 2. Create a more positive school climate
- 3. Demonstrate the importance of doing good for others
- 4. Become familiar with ways to show kindness towards others
- 5. Encourage and reinforce positive behaviors
- 6. Guide students to identify their strengths and weakness
- 7. Encourage students to set reachable and attainable goals for themselves
- 8. Develop effective student leaders

Please contact with MOHS Counseling Department with any questions.

Sincerely, the Mount Olympus Counseling Department

(counseling@mtolympus.edu)

Source: Lark, T. (2018). Marymount University.