

## Attention, Mount Olympus!

The Counseling Department and the Art Club *need your help!*

We are looking for submissions for a new mural focused on:

**Kindness!**



**WHAT:** Kindness Mural

**WHERE:** Front entrance, main hallway

**WHO:** Every student, grades 9-12

TO BE PAINTED BY THE ART CLUB BEFORE:

Monday, November 12

From depictions of what kindness may look like, to attributes of kindness, to even the simplest words describing kind words and thoughts, we want to know what you think of when you hear the word “kind”!

We are looking to emphasize **tolerance**, **inclusion**, and a **positive school climate**, and this mural will be whatever it is the students envision. **Starting October 8th, please submit WRITTEN ideas, quotes, and words to the Counseling Office by FRIDAY, NOVEMBER 9<sup>th</sup>.**

Let's show the world how kind we Olympians are!

Source: Lark, T. (2018). Marymount University: Arlington, VA. Adapted from Quinn, A. (2018). Ridgefield to create “Kindness Mural” to promote tolerance and inclusion. Photo: Copied from Benefield, K. (2012). ArtQuest, Arts Charter converge to make painting projects.

## Description/Overview

### Kindness Mural Character Education

The Counseling Department will team up with the Art Club to design a kindness mural to go on display in the main hallway of the front entrance of the school. What the design will include, however, is up to the rest of the student body. The students will be asked to think of words, thoughts, quotes, and phrases that come to mind when “kindness” is the conversation. After the student body weighs in through November 8<sup>th</sup>, the Art Club will busily start on their final design, which will be unveiled to the student body on **Monday, November 12<sup>th</sup>**.

In addition to having students think about what kindness means to them for the permanent visual display, the Counseling Department and English Department are teaming up to have students think about kindness in an academic setting, as well. Starting on **October 15<sup>th</sup>**, English teachers will have students write a personal narrative on kindness in their class for the opportunity to read their narratives at the kindness mural unveiling ceremony. The teachers will prompt students to think of situations when they were kind or when someone was kind to them, and every student will write a story about kindness through their English class. Students will then be selected by the English teachers/school counselors to present their stories at the ceremony.

In order to demonstrate just how important kindness is, the Counseling Department is also arranging an unveiling ceremony for the kindness mural on November 12<sup>th</sup>. Our principal, Dr. Zeus, will host a brief unveiling party for stakeholders to show off the mural with coffee and pastries in the cafeteria afterwards. Four students (one from each grade) will be chosen by the English teachers/school counselors to read their narrative about kindness. The ceremony is open to the public, and we encourage all stakeholders to come and see what kindness means to Mount Olympus.

#### Objectives:

1. Students will creatively speak and write about what kindness means to them
2. Students will identify what represents kind words and actions
3. Students will have a constant visual reminder to be kind both in school and in the community

#### **CALENDAR**

October 8: Open kindness mural ideas

October 15-19: Short stories in all English classes

November 1st: Short stories chosen (English teachers/school counselors)

November 3rd: World Kindness Day

November 8th: Cut-off for kindness mural ideas

Begin kindness mural painting

November 7th-9th: Kindness mural painting

November 12th: Kindness mural completed

Mural unveiling ceremony